

Peer-reviewed literature regarding applied kinesiology

- Cuthbert S, Rosner AL. Conservative Management of Urinary Incontinence using Applied Kinesiology: A Case Series Report. **Journal of Chiropractic Medicine**. (Accepted for publication, 2012).
- Rosner AL, Cuthbert S. Professional Applied Kinesiology: Narrative Review and Distinctions in the Literature. **Alternative Therapies in Health and Medicine** (Submitted for publication).
- Charles E. Chiropractic management of a 30-year old patient with Parsonage-Turner syndrome. **Journal of Chiropractic Medicine** 2011; 10: 301-305.
- Cuthbert S, Rosner AL, McDowall D. Association of manual muscle tests and mechanical neck pain: Results from a prospective pilot study. **Journal of Bodywork and Movement Therapies** 2011; 15: 192-200.
- Cuthbert S, Rosner AL. Conservative management of post-surgical urinary incontinence in an adolescent: A case history. **Alternative Medicine Review** 2011; 16(2): 164-171.
- Cuthbert S, Rosner AL. Physical causes of anxiety and sleep disorders: a case report. **Alternative Therapies in Health and Medicine** (Accepted for publication, 2012).
- Cuthbert S, Rosner AL. Applied kinesiology methods for sciatica and restless leg syndrome. **ICS Review-Journal of the Iowa Chiropractic Society** 2010; 6-9, 19. (Paper reproduced in full – see below – with permission)
- Cuthbert S, Rosner AL. Applied Kinesiology management of long-term head pain following automotive injuries: a case report. **Chiropractic Journal of Australia** 2010; 40(3): 109-116. (Paper available at: http://www.chiroindex.org/?search_page=articles&action=&articleId=21424.)
- Cuthbert S, Rosner AL. Applied Kinesiology methods for a child with headaches, neck pain, asthma, and reading disabilities: a case study. **Journal of Chiropractic Medicine** 2010; 9: 138-145. (Paper available at: http://www.chiroindex.org/?search_page=articles&action=&articleId=21378.)
- Conable KM. Intraexaminer comparison of applied kinesiology manual muscle testing of varying durations: a pilot study. **Journal of Chiropractic Medicine**. 2010;9:3-10. (Paper available at: [http://www.journalchiromed.com/article/S1556-3707\(10\)00006-4/abstract](http://www.journalchiromed.com/article/S1556-3707(10)00006-4/abstract).)
- Conable K, Rosner A. A narrative review of manual muscle testing and implications for muscle testing research. **Journal of Chiropractic Medicine** 2011; 10: 157-165.

- Masarsky CS, Todres-Masarsky M. Effect of a single chiropractic adjustment on divergent thinking and creative output: A pilot study, Part I. **Chiropractic Journal of Australia**. 2010;40(2):57-62. (Paper available at: http://www.chiro.org/ChiroZine/ABSTRACTS/Divergent_Thinking_and_Creative_Output.shtml.)
- Cuthbert S, Rosner AL. Applied Kinesiology management of candidiasis and chronic ear infections: A case history. **Journal of Pediatric, Material & Family Health**, 2010 (3): 172-179. (Paper available at: http://www.chiroindex.org/?search_page=articles&action=&articleId=21346.)
- Cuthbert S, Barras M. Developmental delay syndromes: psychometric testing before and after chiropractic treatment of 157 children. **Journal of Manipulative and Physiological Therapeutics**. 2009 Oct;32(8):660-9. Paper available at: [http://www.jmptonline.org/article/S0161-4754\(09\)00198-5/abstract](http://www.jmptonline.org/article/S0161-4754(09)00198-5/abstract).)
- Blum C, Cuthbert S. Developmental Delay Syndromes and Chiropractic: A Case Report. **Journal of Pediatrics, Maternity, and Family Health**. Aug 2009: 3. (Paper available as a chapter in the book: <http://chiropracticpediatricresearch.web.officelive.com/printeditions.aspx>.)
- Cuthbert S. A Google Knol, Applied Kinesiology. Available at: <http://knol.google.com/k/applied-kinesiology#>.
- Maffetone P. Manual biofeedback: A novel approach to the assessment and treatment of neuromuscular dysfunction. **Journal of Alternative Medicine Research** 2009;1(3): 221-232. (Paper available at: <http://philmaffetone.com/mmt.cfm>.)
- Moncayo R, Moncayo H. Evaluation of Applied Kinesiology meridian techniques by means of surface electromyography (sEMG): demonstration of the regulatory influence of antique acupuncture points. **Chinese Medicine** 2009 May 29;4(1):9. Paper available in full at: <http://www.ncbi.nlm.nih.gov/pubmed/19480696>.)
- Schmitt W, Cuthbert S. Common Errors and Clinical Guidelines for Manual Muscle Testing: “The Arm Test” and Other Inaccurate Procedures. **Chiropractic & Osteopathy**. 2008 Dec 19;16(1):16. (Paper available in full at: <http://chiromt.com/content/16/1/16>.)
- McDowall D, Cuthbert S. On: Hall S, Lewith G, Brien S, Little P: A review of the literature in applied and specialised kinesiology. *Forsch Komplementmed*, 2008;15:40-46. Paper available at: <http://www.ncbi.nlm.nih.gov/pubmed/19156969>.)
- Cuthbert S. A Multi-Modal Chiropractic Treatment Approach for Asthma: a 10-Patient Retrospective Case Series. **Chiropractic Journal of Australia** 2008;38:17-27. Paper available at: <http://www.chiropracticuniverse.com/Asthma-Research--Chiropractic-Treatment-128.html>.)

- Garten H. Manual therapy in cervical dystonia: case report. **Manuelle Medizin**. 2008;July: 1433-1466. (Paper available at:
- Blum C, Cuthbert S. Developmental Delay Syndromes and Chiropractic: A Case Report. **International Conference on Chiropractic Research**. Vilamoura, Portugal – May 17-19, 2007: CM53. Paper available at: <http://www.sorsi.com/developmental-delay-syndromes-and-chiropractic>.)
- Zampagni ML, Corazza I, Molgora AP, Marcacci M. Can ankle imbalance be a risk factor for tensor fascia lata muscle weakness? **Journal of Electromyography and Kinesiology** 2008, May 1. Paper available at: <http://www.ncbi.nlm.nih.gov/pubmed/18455436>.)
- Cuthbert SC. Applied Kinesiology: An Effective Complementary Treatment for Children with Down Syndrome. **Townsend Letter**. 2007 July;288:94-107. Paper available at: <http://www.townsendletter.com/July2007/kinesiology0707.htm>.)
- Garten H. Foci and areas of disturbance in the trigeminal region. Implications for orthopedics, implantology, and Gnathology. **Manuelle Medizin** 2007 May: 1433-0466. Paper available at: <http://www.springerlink.com/content/kp88t141m81vn634/>.)
- Pauli Y. The Effects of Chiropractic Care on Individuals Suffering from Learning Disabilities and Dyslexia: A Review of the Literature. **Journal of Vertebral and Subluxation Research** 2007, Jan 15:1-12. Paper available at: <http://www.jvsr.com/abstracts/index.asp?id=280>.)
- Moncayo R, Moncayo H. A musculoskeletal model of low grade connective tissue inflammation in patients with thyroid associated ophthalmopathy (TAO): the WOMED concept of lateral tension and its general implications in disease. **BMC Musculoskeletal Disorders** 2007 Feb 23;8:17. Paper available at: <http://www.ncbi.nlm.nih.gov/pubmed/17319961>.)
- Cuthbert SC, Goodheart GJ Jr. On the reliability and validity of manual muscle testing: a literature review. **Chiropractic & Osteopathy**. 2007 Mar 6;15(1):4. Paper available at: <http://chiromt.com/content/15/1/4>.)